



Red Head Henna

How to mix henna paste (20g)

1. In a glass or metal bowl pour in all henna powder.
2. Add 1/4 cup bottled or fresh strained lemon juice.
3. Mix this together until smooth (no clumps).
4. Add 1.5 teaspoons of sugar and combine completely.
5. Add 1/4oz. Lavender or Tea Tree Essential Oil.
6. The consistency should be that of smooth yogurt, if it is too stiff add more lemon juice 1/4 tsp at a time until it has reached the right smoothness.
7. Once you are finished mixing, cover the entire bowl loosely in cling wrap and set aside for 24 hours in 75°F to 85°F temps.
8. The paste is ready when a dark layer has formed on top of the paste, this is the stain releasing.
9. The best way to put the paste in an applicator bottle or cone is to place the paste in zip-lock bag and snip the corner.

How to mix henna paste (100g)

1. In a glass or metal bowl pour in all henna powder.
2. Add 1/2 cup bottled or fresh strained lemon juice.
3. Mix this together until smooth (no clumps).
4. Add 4 teaspoons of sugar and combine completely.
5. Add 1oz. of Lavender or Tea Tree Essential Oil,
6. The consistency should be that of smooth yogurt, if it is too stiff add more lemon juice 1/4 tsp at a time until it has reached the right smoothness.
7. Once you are finished mixing, cover the entire bowl loosely in cling wrap and set aside for 24 hours in 75°F to 85°F temps.
8. The paste is ready when a dark layer has formed on top of the paste, this is the stain releasing.
9. The best way to put the paste in an applicator bottle or cone is to place the paste in zip-lock bag and snip the corner.